



## Sexual Health Outreach Nurses

We support young people with contraception and sexual health issues in the community including post natal contraception.

### Criteria:

- aged 13-18 (up to 25 if they are a Looked After Child or have a learning difficulty)
- unable or unwilling to attend mainstream services

Areas that we specialize in:

- All methods of contraception
- Emergency contraception
- Condoms
- Sexual health testing (Chlamydia & Gonorrhoea) otherwise we can support patients to go to the Sexual Health Department at Russells Hall Hospital
- Pregnancy Testing
- Unplanned/planned pregnancy
- Post natal contraception in under 19's
- Support in delaying early sex
- Sexual health concerns especially if the young person:
  - Is a looked after child
  - Possible/sexual exploitation
  - has learning difficulties
  - has been raped or sexual assaulted
  - has substance misuse issues

Areas that we do not cover:

- Long term support work around
  - growing up
  - sexualised behaviour
  - Sexual abuse
  - Sexuality & gender identity
- Mental health issues
- PSHE or life skills (we are happy to advise or support this work but cannot commit to run sessions)

NB. work will inevitably touch on these subjects but we are not qualified counsellors or mental health workers.

Please email our referral form to the address on the form and call us if you need us to see the person as a matter of urgency or discuss the case:

Lisa Johnson Tel:07920450876

Email:lisa.johnson@dudley.gov.uk

Michelle Watson Tel: 07580782497

Email: michelle.watson@dudley.gov.uk